

Un'oasi sportiva organizzata

Il programma Bibione Be Active si svolgerà all'interno dell'Arena di Piazzale Zenith. Una vacanza all'insegna del "riposo attivo" tra Yoga, Pilates, Zumba, Beach Volley, Beach Soccer, Pallacanestro e molto altro. Non mancheranno laboratori didattici e intrattenimento per i più piccoli.

An organised sports oasis

The program Bibione Be Active is back in the Arena at Piazzale Zenith. A holiday focused on "active relaxation" with activities like Yoga, Pilates, Zumba, Beach Volley, Beach Soccer, Basketball and much more. Educational workshops and entertainment will also be available.

Trainer di alto livello

Nove settimane continuative di attività gratuita con qualificati trainer da tutta Europa in un contesto dall'atmosfera unica e coinvolgente. Un progetto innovativo che conferma la vocazione "sport e wellness" della località turistica.

High-level trainers

Nine weeks of continuous free activities with trainers from all over Europe, in a unique and engaging atmosphere. An Innovative project that confirms the "sports and wellness" vocation of the tourist destination.

Tutte le informazioni sul sito bibione.com/it/bibione-active/.

All information on the website bibione.com/it/bibione-active/.

Libero accesso ai campi da Beach Volley, Beach Soccer, Pallacanestro

All'interno dell'Arena saranno liberamente disponibili campi da gioco da Beach Volley, Beach Soccer e Pallacanestro per adulti, bambini e ragazzi con qualsiasi grado di preparazione sportiva.

Free access to Beach Volley, Beach Soccer and Basketball courts

Inside the Arena Beach Volley, Beach Soccer and Basketball courts will be freely available for adults, children and teenagers of any level of sports preparation.



Quando?

Dal 30 giugno al 29 agosto.

When?

From June 30th to August 29th.

Dove?

ARENA Piazzale Zenith.

Where?

ARENA at Piazzale Zenith.

BIBIONE BE ACTIVE

PROGRAM

The program may be changed!

JULY						AUGUST					
	8.30 - 9.30	9.30 - 10.30		8.30 - 9.30	9.30 - 10.30		8.30 - 9.30	9.30 - 10.30		8.30 - 9.30	9.30 - 10.30
Monday 30th June	YOGA CECILIA MIGLIOSI	ZUMBA GLORIA TASCA	Friday 18th	PILATES SARA E MAURO MION	ZUMBA SARA MION	Friday 1st	CIRCLE MOBILITY LUCA DE NIGRO	ZUMBA LUCA DE NIGRO	Friday 15th	PILATES DA SILVA	REVOLUTION SAMBAFIT DA SILVA
Wednesday 2nd	STRETCH FOR STRENGTH ALESSANDRO MUO'	BODY IN MOVEMENT ALESSANDRO MUO'	Monday 21st	CIRCLE MOBILITY MARILENA RUBINI VOLANTE	ZUMBA MARILENA RUBINI VOLANTE	Monday 4th	POSTURAL GYMNASTIC DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Monday 18th	MOBILITY DANCE FLOW GIOVANNI LECCESE	ZUMBA GIOVANNI LECCESE
Friday 4th	POSTURAL FUSION CECILIA MIGLIOSI	ZUMBA GLORIA TASCA	Tuesday 22nd	CIRCLE MOBILITY MARILENA RUBINI VOLANTE	STRONG NATION MARILENA RUBINI VOLANTE	Tuesday 5th	PILATES DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Tuesday 19th	MOBILITY DANCE FLOW GIOVANNI LECCESE	ZUMBA GIOVANNI LECCESE
Monday 7th	PILATES KARIN PACE	REVOLUTION SAMBAFIT KARIN PACE	Wednesday 23th	CIRCLE MOBILITY MARILENA RUBINI VOLANTE	ZUMBA MARILENA RUBINI VOLANTE	Wednesday 6th	POSTURAL GYMNASTIC DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Wednesday 20th	MOBILITY DANCE FLOW GIOVANNI LECCESE	ZUMBA GIOVANNI LECCESE
Wednesday 9th	PILATES KARIN PACE	ZUMBA KARIN PACE	Thursday 24th	CIRCLE MOBILITY MARILENA RUBINI VOLANTE	STRONG NATION MARILENA RUBINI VOLANTE	Thursday 7th	PILATES DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Thursday 21st	MOBILITY DANCE FLOW GIOVANNI LECCESE	ZUMBA GIOVANNI LECCESE
Friday 11th	PILATES KARIN PACE	REVOLUTION SAMBAFIT KARIN PACE	Friday 25th	CIRCLE MOBILITY MARILENA RUBINI VOLANTE	ZUMBA MARILENA RUBINI VOLANTE	Friday 8th	POSTURAL GYMNASTIC DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Friday 22nd	MOBILITY DANCE FLOW GIOVANNI LECCESE	ZUMBA GIOVANNI LECCESE
Monday 14th	PILATES SARA E MAURO MION	ZUMBA SARA MION	Monday 28th	CIRCLE MOBILITY LUCA DE NIGRO	ZUMBA LUCA DE NIGRO	Monday 11th	PILATES DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Tuesday 26th	CIRCLE MOBILITY ACOSTA DANIELA	STRONG NATION ACOSTA DANIELA
Tuesday 15th	POSTURAL GYMNASTIC SARA E MAURO MION	REEJAM SARA MION	Tuesday 29th	CIRCLE MOBILITY LUCA DE NIGRO	ZUMBA LUCA DE NIGRO	Tuesday 12th	POSTURAL GYMNASTIC DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Wednesday 27th	CIRCLE MOBILITY ACOSTA DANIELA	ZUMBA ACOSTA DANIELA
Wednesday 16th	PILATES SARA E MAURO MION	ZUMBA SARA MION	Wednesday 30th	CIRCLE MOBILITY LUCA DE NIGRO	ZUMBA LUCA DE NIGRO	Wednesday 13th	PILATES DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Thursday 28th	CIRCLE MOBILITY ACOSTA DANIELA	STRONG NATION ACOSTA DANIELA
Thursday 17th	POSTURAL GYMNASTIC SARA E MAURO MION	TOTAL BODY WORKOUT SARA MION	Thursday 31st	CIRCLE MOBILITY LUCA DE NIGRO	ZUMBA LUCA DE NIGRO	Thursday 14th	POSTURAL GYMNASTIC DA SILVA	REVOLUTION SAMBAFIT DA SILVA	Friday 29th	CIRCLE MOBILITY ACOSTA DANIELA	ZUMBA ACOSTA DANIELA